



INTERNATIONAL CONFERENCE
ON

AYURVEDA and YOGA 2026

From 12-01-2026 to 14-01-2026

Organizing by
MAHAYOGI GURUGORAKHNATH AYUSH UNIVERSITY,
Pipri, Bhathat, Gorakhpur, Uttar Pradesh-273306, India



Venue: Auditorium, Mahayogi Guru Gorakhnath AYUSH University,
Pipri, Bhathat, Gorakhpur, Uttar Pradesh-273306, India

MAHAYOGIGURUGORAKHNATHAYUSHUNIVERSITY,GORAKHPUR

Mahayogi Guru Gorakhnath AYUSH University (MGGAU), Gorakhpur, Uttar Pradesh, India (Bharat) is the University established by the State AYUSH University, Uttar Pradesh Act no. 6 of 2020, expanded to disseminate and advance knowledge with all upcoming Infrastructure & full-fledged facilities going to become as one of the biggest University in Ayurveda, Yoga & Naturopathy, Unani, Siddha & Sowa-Rigpa and Homeopathy (AYUSH) systems of medicine. Ex-President Sri Ram Nath Kovind Ji lays the foundation stone of MGGAU with the auspicious presence of Hon'ble Governor, U.P., Smt. Anandiben Patel Ji, Chancellor of MGGAU and Hon'ble Chief Minister, U.P. Yogi Adityanath Ji on August 28, 2021. Mahayogi Guru Gorakhnath AYUSH University is a dream project of Hon'ble Chief Minister Yogi Adityanath Ji Maharaj where AYUSH systems of medicine along with Nursing, Pharmacy, Paramedical Sciences and such other disciplines as may be prescribed from time to time and to ensure efficient and systematic teaching, training and research.

GORAKHPUR

It is a matter of pride that the Ayush University established in the tapobhoomi of Maha Yogi Baba Gorakhnath who is considered to be the founder of the Shiva sub-tradition of 'Nath' religious denomination and monastic movement in India. His work authored in subjects of Ayurveda studies such as Rasashastra which are published in books pertaining to 'Nath' literature, Yoga form a part of Ayurveda's salient learnings. Gorakhpur has rich historic and cultural background.

AYURVEDA-YOGA

Ayurveda is the science of life practiced by ancient Aryans which is based on Atharva-Veda, one of the oldest scriptures of Hindus. The Ayurveda drugs are obtained from natural source only i.e. from plant materials, animal products and mineral products. Ayurveda compound formulations are prepared by using these raw materials by processing with a specific pharmaceutical methods. The main object of Ayurveda compound formulations/single drug preparations is to counteract the imbalance of three Dosha (genomics) i.e. Vata, Pitta and Kapha which regularizes the normal working of the Human body system. Yoga is integral part of Ayurveda helps in maintaining well-being of body, mind and soul. Yoga is defined as the application of yoga practice and postures to the treatment of health conditions and involves instruction in yogic practices and teachings to prevent reduce or alleviate structural, physiological, emotional and spiritual pain, suffering and enhance overall well-being and quality of life. Nathpanth school of yoga and Rasashastra has been contributed to great extent for the mankind. Nathpanth (Nath Sect / Nath Sampradaya) is a religious sect under the "Shaiva sect" of Hinduism. Believed to be started with the origin of mythical God & incarnation of God Shiva "Dattatreya". Dattatreya is believed to be the founder or the "Aadi Guru" (first teacher) of the Nath sect. The Nath sect is a tradition which indulges and practices many types of traditions like Yoga,

Tantras (sorcery), Mantras (spells) etc. It is believed that Gorakhnath was also a saint from this clan. He added many new traditions into this tradition like Siddha Yoga. Naths are also associated with "Naga Sadhus" believed to be the saints of highest ranks. Naths have the highest prominence in the Saints hierarchy. Gorakhnath himself was an incarnation of Shiva with many powers and the knowledge of wide ranges of bewitchment, mesmerism, spells, spell binding, and sorcery. Shri Yogi Aditya Nath Ji Maharaj is currently the Gorakhnath Math Mahanth, carrying on the Nath sect. Presently Nath sect is prevailed all over India and Nepal.

Most of the Siddhas or Yogis or perfected beings belonging to the Nath order are also known as Rasa Siddhas or alchemists. They are so referred to because of their experiments with using processes to increase the lifespan and to allow the individual to attain liberation within the same lifespan.

Yoga and the Nath Siddhas are closely linked and much of the Yogic techniques and texts that are taught today can be attributed to the Naths. The Nath Yogis were scientists of ancient times, who through methods and techniques were able to refine their bodies and minds to attain a spiritually enlightened state.

The Nath Yogis devised such practices and methods to bring about the purification and de-conditioning and this science became popularly known as Hatha Yoga or Raja Yoga.

THEME OF INTERNATIONAL CONFERENCE


The objective of this international conference is to assess the therapeutic effects of Ayurveda, Yoga and need to provide a physical and mental wellbeing of Human beings by providing mind-body fitness to the entire world. This International conference also plays a very important role and gives elaborate understanding of the Nath Philosophy as well as the yogic practices and Ayurveda.

NEARBY PLACES OF VISIT




Vishwanath Temple
Varanasi


Gorakhpur city is well connected with Flight services, Roadways and Rail. Gorakhpur city also surrounded by different ancient and historical places.



Sarnath

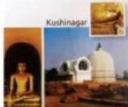


Gorakhnath Temple



Ram Temple
Ayodhya

Since Gorakhpur is adjacent to Nepal therefore it is well connected with Lumbini, Khatmandu etc. places in Nepal.



Kushinagar

ORGANIZATION COMMITTEE

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Chancellor, Mahayogi Guru Gorakhnath Ayush
University, Gorakhpur

SHRI YOGI ADITYANATH

Hon'ble Chief Minister,
Government of Uttar Pradesh

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Hon'ble Minister of State (Independent Charge),
Ayush, Govt of UP

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REGISTRATION DETAILS:

Registration Type	Fees
Delegate only	Rs.3,000/-
Delegate and Paper publication charges	Rs.5,000/-(3000+2000)

*Note: Above cited registration fee includes Food and Accommodation (suitable accommodation will be provided for early bird registered candidates on & before 15 August 2025)

BENEFICIARYDETAILS:

Name of Beneficiary	Mahayogi Guru Gorakhnath Ayush University, Pipri, Bhathat, Gorakhpur, Uttar Pradesh-273306, India (Bharat)
Account No	8018416637
Name of the Bank	Indian Bank, Bhathat Branch, Gorakhpur, Uttar Pradesh
IFSC code	IDIB000B772



GUIDELINES OF PAPER PUBLICATION:

Accepted research or review articles will be published in special issue of International Journal of Ayurvedic Medicine (IJAM) indexed in Clarivate, Web of Science, Open access Journal. Paper will be accepted as per the guidelines of journal having 4000 words with Times New Roman Font Size-12. However, the papers having more content will be charged extra. Paper received after 15 August 2025 will not be entertained.

Early bird registration : 15 August 2025.

Research Topics for Paper Submission:

- Current Researches in Ayurveda.
- Researches in Yoga with Ayurveda interventions.
- Yoga its relation with and Ayurveda.

Contact Us

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